

Microcurrent Success Secrets

Rapid Cancer Pain Relief With Auricular Micro-Macro Technique

by Darren Starwynn, O.M.D., Lic. Ac.

There is great power in simplicity. It is said that the most masterful acupuncturists can effectively treat patients using only a few needles. The purpose of this article is to detail for you such a simple, but remarkably powerful, microcurrent pain control method I call *Auricular Micro-Macro technique*. This simple technique can provide significant relief for cancer pain. It can also be used for relieving pain from most other causes.

This technique utilizes the holographic principle of “as above, so below”. This is one of the famous Hermetic Laws that have been the basis for much of the healing arts, astrology and modern quantum physics.

Auricular Master Points



“As Above – So Below” is manifested in the human body in the micro-systems. Micro-systems are regions of the body that contain “maps” of the entire organism, with specific acu-points that correspond to each part. Auricular, or ear, acupuncture is the best-known system. Ear acupuncture points were first written about in the ancient Chinese text the Nei Jing. In modern times, additional micro-systems on the hands, face, nose, feet, and many other regions have been charted. Because these points have such a rapid and powerful regulatory effect on Qi and Blood balance in the corresponding part of the body, they can be successfully used to control acute pain. It is well known that auricular acupuncture can reduce craving for addictive substances such as tobacco, drugs and alcohol, and have an appetite suppressive effect. There are also Master auricular points that have a generally balancing and regulating effect on the entire body through the endocrine and nervous systems.

Modern research has shown that the activation of microsystem points causes measurable changes in electrical conductivity.

This allows for point location using conductivity testing devices.

It has also been shown that successful treatment of a point in one microsystem will usually results in de-activation of the corresponding points in other microsystems.¹ For example, if the Liver auricular point is treated and its reading normalizes, it is likely that the Korean hand point of the Liver will also change accordingly.

One fascinating explanation for the existence of microsystems comes from the science of fractal geometry, as proposed by Mandelbrot. By feeding non-linear equations and complex numbers through computer programs, many varieties of cloned patterns and forms are formed. According to J. Gleditsch:

“The principle of fractalization has been recognized as the fundamental feature of self-organization in nature.... In living systems, fractalization leads to organisms creating a number of quantum copies

¹ Microsystems Acupuncture by Hecker, Steveling and Peuker, Thieme publisher

of themselves. These replicas seem to provide information exchange between the inner organs and the environment. In terms of cybernetics, therefore, microacupuncture systems are homeostats. The biological significance of these multiple copies is to guarantee greater internal stability and regulation resources.”²

In my practice I have primarily used auricular Micro-Macro technique to control a wide range of acute myofascial or musculoskeletal pain conditions, for treatment of addictions and as a supplement to treatment of various internal Organ imbalances. I am focusing on the treatment of cancer pain in this article due to the great need for improved pain relief methods for cancer patients.

Here are instructions for performing Auricular Micro-Macro technique for cancer pain:

Time required: 12 – 30 seconds per set of points to be treated

Equipment Required: Microcurrent stimulator with dual probe electrodes and switchable polarity that offers a small auricular probe tip. The use of equipment that also offers application of color light acu-therapy will improve effectiveness. I use the Acutron Mentor system for this technique.

Device set-up:

Intensity: 25 - 50 μ A

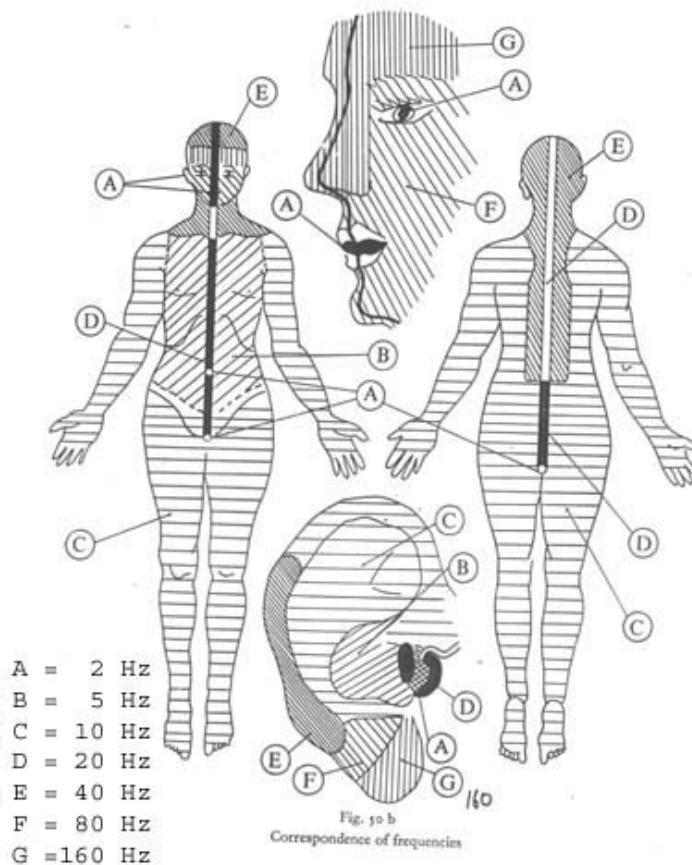
Frequency: 2.5 Hz is a universal frequency for the ear. You can also use specific frequencies based on the correspondences of the ear region and body region, as listed in the following diagram.

Waveform: Square for pain, Sloped for other disorders

Polarity: Use polarized probe setting, use negative probe on auricular points, positive probe on painful body point(s)

Timer: 5 – 6 seconds per press of trigger on trigger probe, total treatment time per micro-macro point combination 20 – 30 seconds.

Color Light: Purple has worked very well for me with cancer pain. Other colors may be selected according to meridian or Organ correspondence.



Steps:

1. Set up microcurrent unit with probes polarized. If available, place a 2 – 3mm auricular probe tip on the trigger probe, which should be negative. In most cases, it is appropriate to place the negative probe (with auricular tip) on the micro-system point, and the positive probe on the macro body point. The micro-system point is acting as the distal point in this system, which usually requires the negative polarity. In some rare cases, the polarity may need to be reversed. This can be verified by kinesiology.
2. Place wetted Q-tip of counter probe (positive) on one or more painful zones, either directly over the cancer tumor or in areas of referred pain. The patient will certainly tell you where the most painful zones are. For treating other forms of pain, place the + probe on the symptomatic part of the body such as painful elbow, shoulder or back, or on acu-point that directly registers the Qi of that part, such as St 36 for the Stomach. For autonomic regulation, you may place the + probe on a Back-Shu point that corresponds to the affected body system. For ease in pain cases, you can usually have the patient hold the counter probe. Just tell him to touch it to where his body hurts the most.
3. Dip auricular probe tip of trigger probe into water and shake off excess, and apply it to area of ear or hand point that directly corresponds to affected body region. For example, in cases of shoulder pain due to cancer of the axillary lymph nodes or breast cancer pain referred to the shoulder, patient holds counter probe on shoulder or adjacent painful zones, while you place trigger tip on Shoulder point of ear.



4. Use searching feature of device to find exact micro-system point with highest conductivity reading. You can then search with counter probe on body area to locate most conductive point there as well.
5. You have now created an electrical circuit between the macro (body) and micro (ear) point. Treat in 5 – 6 second periods until the reading on the unit meter goes as high as possible. You can then move onto other applicable point combinations and repeat the procedure.

6. It can be valuable to have the patient move or exercise the affected body region while performing this technique. Movement draws more Qi and Blood to the area for correction of stasis, and helps re-educate the neuro-muscular system through proprioception.

The same instructions may be used in connecting a Korean hand point or any other micro-system with the corresponding body region.

For more information, fill out the Information Request Form at:

[HTTP://WWW.EAST-WESTSEMINARS.COM/REQUEST INFO.PHP](http://www.east-westseminars.com/request_info.php)

Darren Starwynn, O.M.D. has 25 years experience in acupuncture and vibrational medical practice and research. He is the author of the book Microcurrent Electro-Acupuncture, and inventor and developer of the Acutron microcurrent systems. Dr. Starwynn and his associates teach hands-on seminars on electromedical pain management and vibrational medicine throughout the United States. You can direct any questions or comments to him at his "Ask Dr. Starwynn" blog in the Knowledge Base on www.east-westseminars.com.